

AI Ambassador Application — Worksheet

Everything the application will ask you for, in the order it asks. Nazarian College · CSUN | csun-ai-ladder.netlify.app

WHAT THIS IS

This is the worksheet for the Ambassador application. Fill it in as you go, and by the time you reach the application your answers are already written. Students who wait until the end spend it piecing fifteen exercises back together from memory.

You hand nothing in on paper. The application is a single online form. This sheet is yours — it is what you will be reading from when you fill that form in.

Keep the AI’s output where it already is — in your doc or your chat history. On this sheet you only note *where* it is and what it was, in a sentence.

The judgment line is the one that matters. It is the only part the AI cannot write for you, and it is what the Ambassador application asks you to quote. Two or three real sentences.

Use your own business material. A pitch, a client, a price, a hire, a market you are sizing up — wherever an exercise needs something to work on.

At the end of each rung, pick your best one. The application asks which exercise from each rung taught you most and why — so decide it here, while it is fresh.

Name	Major	Started (date)
------	-------	----------------

Rung 1 · Play *Nothing on the line. Build fluency.*

01 Turn whatever you are reading into song lyrics

Where I saved it — *doc, chat, file name*

What I kept, in a sentence — *The lyrics, plus a paragraph on what the song had to drop.*

My judgment — *What the song left out — and whether that was the filler or the point.*

02 Make a concept explain something you actually do

Where I saved it — *doc, chat, file name*

What I kept, in a sentence — *The explanation, plus a paragraph on where it fits and where it does not.*

My judgment — *Whether the concept actually fits what you do, or only sounds like it does.*

03 Teach an idea from your major to a skeptic

Where I saved it — *doc, chat, file name*

What I kept, in a sentence — *Your pitch for the idea, plus a paragraph on the strongest objection you hit.*

My judgment — *Whether the idea holds up to real pushback, or crumbles on contact.*

Best of this rung — the one exercise that taught me most: Exercise ____

Why that one?

Rung 2 · Direct *You steer. The answer depends on you.*

04 Make it argue against itself

Where I saved it — *doc, chat, file name*

What I kept, in a sentence — *Both answers — original and rebuttal — plus your verdict.*

My judgment — *Which side actually won.*

05 Rewrite the prompt, watch the answer change

Where I saved it — *doc, chat, file name*

What I kept, in a sentence — *Both prompts and both answers, plus what your edit changed.*

My judgment — *What your edit caused — and what stubbornly did not move.*

06 Have it quiz you until you find your gaps

Where I saved it — *doc, chat, file name*

What I kept, in a sentence — *Your list of the gaps it found — not the quiz — plus what you did about one.*

My judgment — *Where your own understanding actually ran out.*

Best of this rung — the one exercise that taught me most: Exercise ____

Why that one?

Rung 3 · Apply *Real work of your own. And the first sign of thinning.*

07 Rehearse a hard conversation

Where I saved it — *doc, chat, file name*

What I kept, in a sentence — *The ten strongest lines, not the whole thing, plus what you'd do differently.*

My judgment — *Your own performance, not the AI's script.*

08 Drill into a question you actually care about

Where I saved it — *doc, chat, file name*

What I kept, in a sentence — *The last exchange of the drill, plus whether the extra depth was real.*

My judgment — *Whether the depth is real or just more words.*

09 Turn something you have written into a slide deck

Where I saved it — *doc, chat, file name*

What I kept, in a sentence — *The three slides you kept and the one you deleted, plus why.*

My judgment — *What the deck flattened — and whether what got cut was the filler or the argument.*

Best of this rung — the one exercise that taught me most: Exercise ____
Why that one?

Rung 4 · Interrogate *Examine the limits you just found.*

10 Compare two AIs on the same question

Where I saved it — *doc, chat, file name*

What I kept, in a sentence — *The two answers side by side, plus the one disagreement that matters.*

My judgment — *Where they disagree — and which disagreement matters.*

11 Have it argue the side you reject

Where I saved it — *doc, chat, file name*

What I kept, in a sentence — *The strongest paragraph it produced against you, plus whether it moved you.*

My judgment — *Whether the case against you was stronger than you expected.*

12 Mark the line: its recommendation, your judgment

Where I saved it — *doc, chat, file name*

What I kept, in a sentence — *Your annotated copy — its recommendation marked one way, your judgment another.*

My judgment — *Exactly where the AI stopped and you started. This is the point of the rung.*

Best of this rung — the one exercise that taught me most: Exercise ____

Why that one?

Rung 5 · Verify *Independence. Check it, then check the check.*

13 Fact-check the AI — then check the checker. For a number it computed, the first check is redoing the math.

Where I saved it — *doc, chat, file name*

What I kept, in a sentence — *The claim — or the number — the first check, and the check of the checker.*

My judgment — *Whether the second pass was any more trustworthy than the first.*

14 Trace a claim to its original source

Where I saved it — *doc, chat, file name*

What I kept, in a sentence — *The source — or “no source found” and where the trail died.*

My judgment — *Whether the source exists and says what the claim says. “I couldn’t find a source” is a passing answer.*

15 Assess source credibility and publication bias

Where I saved it — *doc, chat, file name*

What I kept, in a sentence — *Your analysis of the source: who published it, what their incentive is, and what they may be hiding.*

My judgment — *Whether the source’s credibility matches how the AI treated it — or whether the AI was too trusting.*

Best of this rung — the one exercise that taught me most: Exercise ____

Why that one?

Before you apply

Two things the application asks for that are not on the Ladder itself.

1 • Your calibration memo — one to two pages

Not a rung-by-rung recap. One argument about the whole climb. Rough your answers out here, write it up properly later.

1. What can you get AI to do now that you couldn't at the start?

2. What have you learned *not* to trust it with?

3. Where does your judgment matter most?

4. What is one thing you still can't do well with AI?

2 • Walk one person onto Rung 1

Sit with someone while they do Exercise 01 themselves. **Never touch their keyboard.** The application asks what *they* said while they were doing it — their words, not your summary.

Who I walked through it, and when

What they said while they were doing it — their words, not yours

What surprised me about watching them

3 • Then submit — one online form

One form covers the whole application. Have this sheet in front of you — every question on the form is answered somewhere on it. Allow 30–40 minutes and do it in one sitting.

